

Self-disciplined health care professional with nursing care experience across various age groups and clinical settings, to include acute/emergency and rehabilitation care. Analytical professional skilled in implementing process improvement to improve the quality of patient care. Collaborative communicator continually focused on building relationships and promoting synergy across different departments of the hospital to drive positive change and serve patients/residents better. Efficient in integrating complex data to aid the completion of interdisciplinary plans of care. **Core competencies include:**

- Medication Administration
- IV Assembly & Feeding Tubes
- Charing Databases
- Catheterization/Irrigation
- Intravenous Access & Therapy
- Pain Management
- Vital Signs Monitoring
- Wound Care/Bedside Care
- Vaccinations
- Acute/Emergency Care
- Phlebotomy
- Patient Education

## Professional Experience

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### **Bring Alive Hospital – Urgent Care Department, Houston, TX** **Charge Nurse, 05/2015 to Present**

Develop and implement processes for smooth and efficient patient care. Delegate assignments and provided supervision for the support staff in accordance with the level of the patient's acuity. Collaborate with medical providers to ensure the quality of patient care. Oversee the Urgent Care Department for the assigned shift.

- Coordinate, supervise, and train nursing staff to monitor vital signs and ensure high-quality patient care.
- Manage daily administrative duties, such as schedules, nursing assignments, medications administration, etc.
- Liaise with physicians and other health care staff to create and adjust patient care plans.
- Assist with the development of practice protocols.
- Manage patient admissions, transfers, and discharges.

### **Daily Living Healthcare Center, Houston, TX** **Staff Nurse, 11/2014 to 05/2015**

Provided short-stay and long-stay nursing home care to Veterans who are medically and psychiatrically stable. Provided direct nursing care, rehabilitation, dementia care, respite, and palliative care to all residents. Assisted in implementing VA Hospital's programs to restore the residents to the highest practicable level of well-being and prevent a decline in health.

- Conducted health assessments of residents through physical examinations.
- Monitored, recorded, and reported symptoms and changes in residents' conditions.
- Consulted with health care team members to assess, plan, and implement care plans.
- Maintained health condition records of residents.
- Liaised between patients and doctors to ensure patient comprehension of treatment plans.

### **Spectrum Health, Grand Rapids, MI** **Rehabilitation Nurse, 08/2014 to 08/2015**

Provided rehabilitation after serious injuries, illnesses, or surgeries. Helped patients with many different medical needs and conditions, including neuro recovery and treatment following brain injuries. Provided rehabilitation care after orthopedic surgeries and ensured post-cardiac and medically complex care.

- Assessed care needs; assisted with the development, implementation, and evaluation of patient care programs.
- Coordinated educational activities and used appropriate resources to implement an individualized discharge plan.
- Performed hands-on nursing care to help patients recover after the surgeries/injuries.
- Provided the details of the treatment or precautions that the patient's relatives need to take care of and also all the required details of these precautions and measures.

## Other Experience

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## **Nursing Clinical Rotations**

### **Student Nurse, 2013**

Provided patient care, to include patients in all age groups while gaining a comprehensive understanding of the nursing practice within Long Term Care, Hospice Visiting Nursing, Home Health, Medical Surgical I, OB/Maternal, Pediatrics, Psychiatric/Mental Health, Medical Surgical II, Intensive Care, Emergency, Surgical/OB, and Medical Surgical III/Neuro.

- Conducted health assessments, administered medications, and monitored patient conditions.
- Assisted in developing, adjusting, and implementing patient care plans.
- Maintained patient records within the electronic medical record (EMR) system.
- Collected data to provide effective patient care; delivered patient evaluations.

### **Disciplinary Center, Houston, TX**

#### **Probation Officer, 2011 – 2013**

Monitored defendants within the drug court program. Informed the court of probationers' status on a weekly basis.

- Documented violations of probation and brought violation in front of the court.
- Served as an intensive probation officer with individuals requiring extra attention.
- Prevent overcrowding to allow defendants to give back to the community by cleaning up areas around the city.

*Served in the United States Air Force as a Security Specialist (4 years)*

## **Education**

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### **Associate's Degree in Nursing**

TEXAS UNIVERSITY | Austin, TX | 2014

### **Bachelor of Science in Criminal Justice**

TEXAS UNIVERSITY | Austin, TX | 1997

## **Training & Certifications**

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Emergency Nurse Triage Course Completion – Emergency Nurses Association (ENA)

Trauma Nursing Core Course Completion (TNCC)

Advanced Cardiac Life Support (ACLS)

Basic Life Support (BLS)